

PL VLB & B 26: Session: 4: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:20 untill 14:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Cornelis Evy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:36
Heat: 4/10 Lane : 1 Athlete: TRONCKOE BENTE					Q-time: 01:23:45
PB (25m pool): 01:23.45 Braine l Alleud 05/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.02		01:23.45	
		00:36.02		00:47.43	
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 14:36
Heat: 4/10 Lane : 3 Athlete: DELCOIGNE ELLA					Q-time: 01:22:81
PB (25m pool): 01:22.81 Kapelle-op-den-Bos 19/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.81	
		no time			
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 14:38
Heat: 5/10 Lane : 2 Athlete: DE WILDE HANNE					Q-time: 01:22:48
PB (25m pool): 01:22.48 Braine l Alleud 05/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.82		01:22.48	
		00:36.82		00:45.66	
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 14:40
Heat: 6/10 Lane : 4 Athlete: WYFFELS LOUISE MARIE					Q-time: 01:17:34
PB (25m pool): 01:17.34 Tienen 26/10/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.34	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:42
Heat: 7/10 Lane : 6 Athlete: FRANCKX MARGAUX					Q-time: 01:15:63
PB (25m pool): 01:15.63 Ternat 29/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.63	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:42
Heat: 7/10 Lane : 7 Athlete: DE PRATER JUNO					Q-time: 01:16:42
PB (25m pool): 01:16.42 Ternat 29/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.42	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 14:42
Heat: 7/10 Lane : 8 Athlete: NDIAYE MAï					Q-time: 01:17:21
PB (25m pool): 01:17.21 Kapelle-op-den-Bos 19/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.21	
	no time				
					

Coach feedback:

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Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:44
Heat: 8/10 Lane : 1 Athlete: NSUBUGA SOFIA					Q-time: 01:13:46
PB (25m pool): 01:13.46 Ternat 29/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.46	
	no time				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 14:44
Heat: 8/10 Lane : 5 Athlete: VAN DER MEEREN LOTTE					Q-time: 01:12:05
PB (25m pool): 01:12.05 Braine l Alleud 05/04/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.37		01:12.05	
	00:33.37 00:38.68				
					

Coach feedback:

Event number: 28: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 14:46
Heat: 9/10 Lane : 8 Athlete: TRIOEN JOKE					Q-time: 01:11:52
PB (25m pool): 01:11.52 Kapelle-op-den-Bos 21/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.52	
	no time				
					

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:52	
Heat: 2/7 Lane : 6 Athlete: PUTTAERT ARTHUR							Q-time: 02:12:86	
PB (25m pool): 02:12.86 Leuven 12/10/2025				PB (50m pool): 02:15.06SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.36		01:03.08		01:38.13		02:12.86
	00:29.36		00:33.72		00:35.05		00:34.73	
								

Coach feedback:

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Event number: 29: 200M FREESTYLE MEN 13+							Heat:2, starttime: 14:52	
Heat: 2/7 Lane : 8 Athlete: JACQUEMYNS KOBE							Q-time: 02:19:32	
PB (25m pool): 02:19.32 Meise 21/06/2026				PB (50m pool): 02:22.80SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.90		01:08.42		no time		02:19.32
	00:32.90		00:35.52					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:3, starttime: 14:55	
Heat: 3/7 Lane : 1 Athlete: DELCOIGNE NATHAN							Q-time: 02:11:26	
PB (25m pool): 02:15.72 Braine l Alleud 05/04/2026				PB (50m pool): 02:11.26 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.12		01:04.76		01:41.01		02:15.72
	00:30.12		00:34.64		00:36.25		00:34.71	
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:4, starttime: 14:58	
Heat: 4/7 Lane : 1 Athlete: VANSTECHELMAN LUCAS							Q-time: 02:08:04	
PB (25m pool): 02:08.04 Ternat 14/12/2025				PB (50m pool): 02:11.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.88		00:59.08		no time		02:08.04
	00:27.88		00:31.20					
								

Coach feedback:

Event number: 29: 200M FREESTYLE MEN 13+							Heat:6, starttime: 15:03	
Heat: 6/7 Lane : 2 Athlete: SEGHERS MICHIEL							Q-time: 02:02:03	
PB (25m pool): 02:00.82 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:04.70 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.47		00:58.54		01:30.16		02:00.82
	00:27.47		00:31.07		00:31.62		00:30.66	
								

Coach feedback:

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Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:3, starttime: 15:12
Heat: 3/3 Lane : 4 Athlete: CIOBANU ANASTASIA					Q-time: 01:03:52
PB (25m pool): 01:03.52 Braine l Alleud 05/04/2026					PB (50m pool): 01:04.39 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.34		01:03.52	
	00:30.34		00:33.18		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN 13+					Heat:3, starttime: 15:12
Heat: 3/3 Lane : 8 Athlete: VAN ROY ONAH					Q-time: 01:09:90
PB (25m pool): 01:09.90 Ternat 29/03/2026					PB (50m pool): 01:11.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.87		01:09.90	
	00:32.87		00:37.03		
					

Coach feedback:

Event number: 31: 100M BREASTSTROKE MEN 11-12					Heat:2, starttime: 15:17
Heat: 2/3 Lane : 2 Athlete: VAN DER MEIREN WILLIAM					Q-time: 01:42:86
PB (25m pool): 01:42.86 Aarschot 27/07/2026					PB (50m pool): 01:43.81 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.59		01:42.86	
	00:48.59		00:54.27		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:25
Heat: 3/10 Lane : 5 Athlete: DELCOIGNE ELLA					Q-time: 01:21:93
PB (25m pool): 01:21.93 Meise 21/06/2026					PB (50m pool): 01:23.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.82		01:21.93	
	00:39.82		00:42.11		
					

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:27
Heat: 4/10 Lane : 6 Athlete: NDIAYE MAï					Q-time: 01:19:86
PB (25m pool): 01:19.92 Braine l Alleud 05/04/2026					PB (50m pool): 01:19.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.72		01:19.92	
	00:38.72		00:41.20		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 15:27
Heat: 4/10 Lane : 7 Athlete: TRONCKOE BENTE					Q-time: 01:20:13
PB (25m pool): 01:20.13 Braine l Alleud 05/04/2026					PB (50m pool): 01:25.38 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.88		01:20.13	
	00:38.88		00:41.25		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:33
Heat: 7/10 Lane : 1 Athlete: FRANCKX MARGAUX					Q-time: 01:14:36
PB (25m pool): 01:14.36 Gent 23/02/2025					PB (50m pool): 01:16.82 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.43		01:14.36	
	00:36.43		00:37.93		
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:33
Heat: 7/10 Lane : 2 Athlete: VAN ROY ONAH					Q-time: 01:14:19
PB (25m pool): 01:14.19 Meise 21/06/2026					PB (50m pool): 01:16.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.94		01:14.19	
	00:35.94		00:38.25		
					

Coach feedback:

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Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:33
Heat: 7/10 Lane : 7 Athlete: VAN DER MEEREN LOTTE					Q-time: 01:14:21
PB (25m pool): 01:13.94 Vilvoorde 10/03/2024 PB (50m pool): 01:16.46 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.94	
	no time				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 15:33
Heat: 7/10 Lane : 8 Athlete: DE PRATER JUNO					Q-time: 01:14:42
PB (25m pool): 01:16.31 Braine l Alleud 05/04/2026 PB (50m pool): 01:16.93 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.84		01:16.31	
	00:36.84 00:39.47				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 15:35
Heat: 8/10 Lane : 6 Athlete: WYFFELS LOUISE MARIE					Q-time: 01:12:19
PB (25m pool): 01:12.19 Meise 21/06/2026 PB (50m pool): 01:13.85 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.58		01:12.19	
	00:35.58 00:36.61				
					

Coach feedback:

Event number: 32: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 15:38
Heat: 10/10 Lane : 6 Athlete: CIOBANU ANASTASIA					Q-time: 01:05:88
PB (25m pool): 01:05.88 Braine l Alleud 05/04/2026 PB (50m pool): 01:09.39 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.02		01:05.88	
	00:32.02 00:33.86				
					

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:40	
Heat: 1/3 Lane : 7 Athlete: DE MESMAEKER LOANN							Q-time: 03:05:38	
PB (25m pool): 03:05.38 Liedekerke 01/05/2026				PB (50m pool): 03:08.02 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.57		01:31.22		no time		03:05.38
	00:42.57		00:48.65					
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:1, starttime: 15:40	
Heat: 1/3 Lane : 8 Athlete: JACQUEMYNS KOBE							Q-time: 03:11:38	
PB (25m pool): 03:11.38 LEUVEN. 22/02/2026				PB (50m pool): 03:13.96 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.66		01:33.20		no time		03:11.38
	00:43.66		00:49.54					
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:2, starttime: 15:44	
Heat: 2/3 Lane : 3 Athlete: DELCOIGNE NATHAN							Q-time: 02:45:03	
PB (25m pool): 02:52.91 LEUVEN 23/11/2025				PB (50m pool): 02:45.03SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.41		01:22.08		02:07.17		02:52.91
	00:38.41		00:43.67		00:45.09		00:45.74	
								

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:2, starttime: 15:44	
Heat: 2/3 Lane : 4 Athlete: CLAES ELIAN							Q-time: 02:40:46	
PB (25m pool): 02:46.62 Tervuren 30/05/2026				PB (50m pool): 02:48.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.72		01:20.31		02:03.62		02:46.62
	00:37.72		00:42.59		00:43.31		00:43.00	
								

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+							Heat:2, starttime: 15:44	
Heat: 2/3 Lane : 6 Athlete: PUTTAERT ARTHUR							Q-time: 02:45:28	
PB (25m pool): 02:45.28 Leuven 12/10/2025				PB (50m pool): 02:47.21 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.75		01:19.57		02:02.23		02:45.28
	00:36.75		00:42.82		00:42.66		00:43.05	
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:1, starttime: 15:51	
Heat: 1/2 Lane : 7 Athlete: DE WILDE HANNE							Q-time: 06:15:56	
PB (25m pool): 06:15.56 Liedekerke 01/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.17		01:34.57		no time		no time
	00:42.17		00:52.40					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:15.56
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:2, starttime: 15:57	
Heat: 2/2 Lane : 3 Athlete: CIOBANU ANASTASIA							Q-time: 05:12:07	
PB (25m pool): 05:12.07 Ternat 14/12/2025				PB (50m pool): 05:13.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.99		01:12.53		no time		no time
	00:32.99		00:39.54					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:12.07
								

Coach feedback:

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Event number: 34: 400M MEDLEY WOMEN 13+							Heat:2, starttime: 15:57	
Heat: 2/2 Lane : 7 Athlete: TRIOEN JOKE							Q-time: 05:26:34	
PB (25m pool): 05:26.34 Aarschot 27/07/2026				PB (50m pool): 05:36.71 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.95		01:14.05		no time		no time
	00:33.95		00:40.10					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:26.34
								

Coach feedback:

Event number: 34: 400M MEDLEY WOMEN 13+							Heat:2, starttime: 15:57	
Heat: 2/2 Lane : 8 Athlete: WYFFELS LOUISE MARIE							Q-time: 05:34:32	
PB (25m pool): 05:37.52 LEUVEN. 22/02/2026				PB (50m pool): 05:34.32SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.40		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:37.52
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+										Heat:4, starttime: 16:37	
Heat: 4/9 Lane : 6 Athlete: TRONCKOE KOBE										Q-time: 00:26:98	
PB (25m pool): 00:26.98 Zwembad De Wauwer 13/09/2026					PB (50m pool): 00:32.34SB: 00:26.98 Zwembad De Wauwer 13/09/2026						
PB	2 5 M		5 0 M								
			00:26.98								
			00:26.98								
											

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+			Heat:5, starttime: 16:38
Heat: 5/9 Lane : 3 Athlete: VANSTECHELMAN LUCAS			Q-time: 00:26:36
PB (25m pool): 00:26.36 Liedekerke 01/05/2026			PB (50m pool): 00:26.67 SB: 00:26.45 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:26.36	
		00:26.36	
			

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+			Heat:8, starttime: 16:41
Heat: 8/9 Lane : 6 Athlete: SEGHERS MICHIEL			Q-time: 00:25:07
PB (25m pool): 00:25.02 Gent(Sint-Amandsberg) 11/11/2024			PB (50m pool): 00:25.90 SB: no time
	2 5 M	5 0 M	
PB		00:25.02	
		00:25.02	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:1, starttime: 16:43
Heat: 1/4 Lane : 4 Athlete: DE PRATER JUNO			Q-time: 00:39:50
PB (25m pool): 00:39.51 Ternat 29/03/2026			PB (50m pool): 00:39.50 SB: no time
	2 5 M	5 0 M	
PB		00:39.51	
		00:39.51	
			

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+			Heat:2, starttime: 16:44
Heat: 2/4 Lane : 6 Athlete: TRIOEN JOKE			Q-time: 00:37:47
PB (25m pool): 00:37.19 Leuven 15/10/2023			PB (50m pool): 00:37.90 SB: no time
	2 5 M	5 0 M	
PB		00:37.19	
		00:37.19	
			

Coach feedback:

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Event number: 36: 50M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 16:45	
Heat: 3/4 Lane : 8 Athlete: NSUBUGA SOFIA							Q-time: 00:36:86	
PB (25m pool): 00:36.86 Braine l Alleud 05/04/2026							PB (50m pool): 00:37.46 SB: no time	
	2 5 M		5 0 M					
PB			00:36.86					
	00:36.86							
								

Coach feedback:

Event number: 36: 50M BREASTSTROKE WOMEN 13+										Heat:4, starttime: 16:47	
Heat: 4/4 Lane : 8 Athlete: VAN DER MEEREN LOTTE										Q-time: 00:35:55	
PB (25m pool): 00:35.55 Ternat 29/03/2026										PB (50m pool): 00:35.93SB: 00:36.28 Zwembad De Wauwer 13/09/2026	
	2 5 M		5 0 M								
PB			00:35.55								
			00:35.55								
											

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+						Heat:1, starttime: 16:53		
Heat: 1/3 Lane : 5 Athlete: TEAM DDAT 2						Q-time: 02:15:14		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 37: 4x50M MEDLEY MEN 11+						Heat:2, starttime: 16:56		
Heat: 2/3 Lane : 4 Athlete: TEAM DDAT 1						Q-time: 01:58:78		
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

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Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:04	
Heat: 2/3 Lane : 2 Athlete: TEAM DDAT 2							Q-time: 02:15:33	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 38: 4x50M MEDLEY WOMEN 11+							Heat:3, starttime: 17:07	
Heat: 3/3 Lane : 2 Athlete: TEAM DDAT 1							Q-time: 02:06:69	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: